

## Choosing a **CONFIRMATION SPONSOR** and a **CONFIRMATION NAME**



### **How do I choose a *Sponsor*?**

A Sponsor can be an important part of your preparation for Confirmation. Start thinking now about who you might choose for this special role.

The Church sees 3 roles for Confirmation Sponsors:

1. As a role model in the faith
2. As a companion on the candidate's faith journey
3. As a witness for the candidate before the Church

A Sponsor **MUST**:

- Be at least 16 years of age
- Be *fully initiated* into the Catholic Church (meaning they have already received Baptism, Confirmation and Eucharist)
- Be a practicing member of the Catholic Church
- *Not* be a parent
- Be able to provide a testimonial letter from his/her home parish indicating that they are a registered, participating member of their parish and are qualified to be a Confirmation sponsor.

### **Do I need to choose a new *Confirmation Name* ?**

It is not *necessary* (although permitted) to choose a new name just for Confirmation if one already has been given a Christian baptismal name. You can use your baptismal name for Confirmation.

One SHOULD though choose a Confirmation name *if that is not the case* (for example your given name is *Arizona*, or *Star*) - which should then be that of a saint or biblical hero.

- If in doubt, research the name to find out if it Christian or Biblical.